

# **LMS Track & Field Spring 2024**

## **Registration will open on February 9th and will close March 15, 2024**

To participate you must complete all the steps on our Athletics webpage to be considered for an LMS Athlete. If these steps have not been met, your athlete will not be allowed to participate until completely registered.

- **\*There will be no refunds as our coaches are hired as a direct result of how many athletes we have registered.**

### **Practices and Meets:**

- Starting Monday March 18, practices will take place every Monday, Tuesday, Wednesday, and Friday, 4:10–5:10pm. Unless the coach tells you otherwise.
- The Activities Bus runs on Mon, Tues, Wed, and Fri and leaves LMS at 5:15 from the bus loop. The bus will drop off students as follows:
  - River Grove/Pilkington Park 5:25 p.m.
  - Westridge Elementary 5:35 p.m.
  - Palisades Elementary 5:40 p.m.
  - Lakeridge High 5:45 p.m.
  - Hallinan Elementary 5:55 p.m.
  - LO Teen Lounge 6:10 p.m.

- **One-way transportation is provided to all away Meets.**
- **Parents are expected to transport their athlete home. Please make sure your athlete checks out with a coach before leaving**
- **A team uniform will be assigned to each athlete. After the season concludes your athlete needs to turn it back in. There will be a fee if not turned in.**
- **By participating in the LMS Track & Field program, you are expected to attend all practices and Meets unless you are excused due to illness or an emergency.**
- **If you are absent from school, you may not attend practice or a meet that day**